



Kingston & Wimbledon
YMCA

Annual Report 2008



**Discount vouchers
& free passes
inside!**

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Chief Executive's Report

Kingston & Wimbledon YMCA is engaged in a great variety of programmes and activities spread over more than 20 locations and five boroughs. Sometimes it can seem a bit of a jumble - but all these activities are designed to help build mind, body and spirit and to fit together like a jigsaw changing lives and building communities. In the last year we have taken on two new centres.

In April 2007 we took on the operational management of Hampton Pool under an agreement with its owners Hampton Pool Trust, a community based charity which has owned and managed it since 1985. Hampton Swimming Pool is an open air pool which is open 365 days a year (including Christmas Day - more than 1600 swimmers last year). Needless to say, it's heated.



In September 2007 we took over the newly refurbished John Innes Centre, formerly run by the London Borough of Merton. This we have opened as a Skills Academy for young people who have had difficulty engaging with school.

In these pages you can read more about these and our other centres and some of the very different things we do and the people with whom we are engaged. Using the 'cheques' enclosed you can experience some of these activities.

We hope that you will find our work as exciting as we do and, who knows, you too could become part of the jigsaw.

Stuart Leamy

Interim Chief Executive

Kingston & Wimbledon YMCA

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Ian Green, Chief Executive is at present on secondment to YMCA England.

The Skills Academy

The Skills Academy is a joint project between Kingston & Wimbledon YMCA and YMCA Training. It offers young people the opportunity to remember who they are - capable, creative and powerful young people who are full of potential.

Set up to help 14 to 16 year olds who are struggling with mainstream education and at risk of exclusion, the Academy provides a safe and welcoming space that encourages self-confidence and a belief in the future.

The Academy's home is the **John Innes Centre** in Wimbledon, a building with 30 years of history as a youth venue. Recently refurbished and re-equipped to a high standard, the Centre offers facilities for music making, sports and media production. It is unique in the area.

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The YMCA Skills Academy offers young people a second chance and a way forward

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As well as creative arts, students learn essential social and life skills, together with the basics of literacy and numeracy. Most of the students achieve a City & Guilds certificate, before moving on to employment or a college course.

The dedicated and enthusiastic staff team work with the young people to build their confidence and self esteem. Sometimes not the easiest of jobs! Students often come to the Academy with a history of challenging behaviour and find it difficult to engage with the programme. Patience and perseverance are needed to work through emotional issues and learning difficulties. The key to success is a good working relationship with parents and car-

ers, who regularly receive progress reports and attend reviews.

What do the young people themselves think of the Academy? To many who previously had only a negative view of school, it has been a second chance, an opportunity to get their lives back on track.

"Skills Academy allows you the space to be yourself. There should be more spaces available to young people like this. The Academy is positive energy and if you radiate positive energy, that is what you get back." **Jai, Skills Academy student**

If you would like more information about the YMCA Skills Academy or a copy of the prospectus, please call **Lisa Chung** on **020 8542 0653** or email **skillsacademy@ymcatraining.org.uk**

Hampton Pool

On 1st April 2007 KWYMCA officially took over the management of Hampton Pool on behalf of Hampton Pool Trust. The facility has been a popular addition to the KWYMCA portfolio of Centres with its 36 metre outdoor heated pool, dedicated learner pool, gym and café.

Bringing two very different organisations together can be a difficult and challenging process. When first proposed it was unsettling for both staff and pool users, who were unsure what new management would mean for their jobs and the friendly family atmosphere of the pool.

Happily, the first year of the joint venture has been a positive experience for all parties. General Manager, Simon Bailey thinks the changeover has gone



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remarkable smoothly
and that the KWYMCA
team have been 'a pleasure
to work with'.

There has been a tightening of policies and procedures. The programme of improvement that the Trust started some years ago has been continued.

Highlights include:

Refurbishment of the gym

The floor has been raised, bigger windows have been installed giving the gym a light and airy atmosphere and a view of the pool. All the gym equipment has been updated. The changes have not gone unnoticed and gym membership has grown from 220 to over 400.

Redecoration of the Sundeck Café

The café has been given a fresh new look and the kitchen upgraded with new professional equipment.

Computer network

A small change, but one that has made a great deal of difference to the pool staff who can now share files and computers.

Of course, it has not all been easy. Learning and adopting another organisations procedures and dealing with so much change all at once has been a challenge, albeit one the pool staff have more than risen to.

And there are more changes on the way with the replacement of the Hampton Pool boilers and installation of a Customer Management System in the coming year.

Free Day Pass!

Work out in the gym, try a class or take a swim
(Hampton Pool only)

Pass may be used at:

YMCA Wimbledon

YMCA Surbiton

YMCA Hawker Centre

Hampton Pool

Terms & conditions overleaf...

Pass expires 31st March 2009

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Class timetables with class details are available from Centre Receptions or may be downloaded from www.kwymca.org.uk



Terms & Conditions

1. One voucher per person.
2. Voucher valid for one day.
3. Please speak to your G.P. before starting any exercise programme.
4. We reserve the right to refuse admission.
5. Offer expires on **31st March 2009**.
6. Voucher has no cash value.

Kingston & Wimbledon YMCA is a registered charity

My journey with the YMCA

Hello, my name is Christine. I am a 57 year old mother of two and nanny to three.

Due to a number of circumstances I became homeless in September 2006 and spent several months on friend's sofas, in strangers houses and sleeping rough. By March of 2007 I had had enough.

A friend recommended that I contact Kingston Churches Housing Association, which I did. They were kind, helpful and arranged an interview for me with the YMCA.

I was scared. I had never been in a hostel before, but they put me at ease and I was shown to a room with a shower and toilet that was to become my home for the next eleven months.

YMCA Surbiton & YMCA Wimbledon
232 beds and 23 'move on' rooms
over 790 people helped each year



I got involved with most of the activities the YMCA offered and went on a few trips. They did a lot for me, as they do for everyone who stays there. I like to think I've been there for people too, if only to listen.

People shouldn't judge others who live in hostels because you never know what the future holds.

I would just like to say a big thank you to everyone involved with the YMCA. I will always stay in touch even though I have moved on.

Good luck and best wishes

Christine

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A life changing experience

In January 2008, six members of the Youth Workers Network joined YCare International as part of a youth workers delegation to India. The purpose of the visit was to learn from the YMCA staff and develop the capacity to deliver global youthwork within UK YMCAs.

Two YMCAs were visited - **Kanyakumari** on the south coast and **Nagpur** in central India.

Kanyakumari YMCA is home to the Marthandam Project, who following the Tsunami of 2004 built over 400 houses for local communities devastated by the disaster. The delegation witnessed how a strong community can survive terrible events and how much their faith helped them overcome overwhelming challenges.

It was important that new communities be sustainable and so several vocational training programmes were developed.



The programmes include:

Bee keeping

Banana fibre production

Women's self help groups

Needlecraft

IT skills

Adult education

Nagpur YMCA focuses on issues youth, women's and children's issues supporting the underprivileged and marginalised. Some of the projects include:

Lakshva Project working with HIV positive people to increase self confidence, encouraging them to protect their own health and that of others.

Positive Women's Network

NH7 Project (works with truckers on the national highway to reduce HIV infection.)


Amanda McWilliams a support worker from YMCA Surbiton, was a member of the delegation and although she had already become involved with

global youth work with the YMCA, gained a lot from the experience:

'Shadowing staff in India has really helped me gain new ideas on how to facilitate workshops to get the message across in a way that is accessible to all despite age, language, etc.

The NH7 Project was phenomenal! The staff meet with up to 200 people a day, promoting awareness and giving training on sexual health. They have managed to recruit truckers as peers, so the message is being passed throughout the country.

I now feel more than ever that global youth work is a very important part of supporting young people in this country to develop and learn more about the world around them. The world is so diverse and yet so many of the issues people face are the same!



Chairman's Report

Some four years ago the Board of Management set about the production of a 'Strategic Plan' for KWYMCA. After some years of change it was felt that a long term strategy was needed to help sustain and develop the work we do in the communities we work in. Since that time the Plan has provided a framework within which we have been able to develop and maintain the wide range of services and other work we undertake.

Notable additions to our work in the last year are the **John Innes Centre** in Wimbledon and **Hampton Open Air Pool** both of which have come to play a major part in the work our Association is involved in. These new opportunities have blended well into the vision our Association has for the future and the Board will review and consider other such opportunities in the future to help develop further the range of services and work we engage in with local communities.



The year ahead will require us to start a review of that vision and the preparation of a new Strategic Plan to guide us through the next five years. The current economic cycle does not appear to be very promising, but I am confident that through the careful management of our resources and staff we will meet our objectives and create that vision which will enable us to enhance the communities we engage with in the future.

None of our achievements to date would have been gained without the dedication and work undertaken by my fellow trustees and all the staff employed by KWYMCA. My thanks to them all for their efforts.

John Holland

Chairman, Kingston & Wimbledon YMCA

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Active partnership

The Active Living Passport was launched in October 2007 to encourage people aged over 45 living in the Royal Borough of Kingston to be more active and make exercise a regular part of their lives.

A survey conducted by Sport England in 2007 had revealed that only 17% of people in this age group engage in regular activity. The aim of the project is to increase this figure to at least 21% by 2009.

The Passport scheme is a joint collaboration between **Age Concern Kingston, RBK, Kingston Primary Care Trust, KWYMCA** and many other private and voluntary sector organisations throughout the Borough.

An **Active Living Directory** was developed which

Active Living Passports are free to residents within the Royal Borough of Kingston aged over 45

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alphabetically lists all sports and recreational activities available across the Borough. The Directory is available as a booklet or online at www.kingston.gov.uk/active_living.

Activities on offer are many and varied - as well as aerobic, dance, yoga and gym sessions, passport holders can try their hand at more unusual activities such as archery and fencing, even gardening is included!

Key to maintaining motivation and recording achievement is the Active Living Passport. Each passport is stamped every time the holder takes part in an activity at a participating Centre, with incentives after the 12th and 24th stamp and a prize on completion of the 36th stamp. The scheme has been well received and is well on the way to achieving its targets by 2009.

If you would like to find out more about the Active Living Passport Scheme, please contact either **YMCA Surbiton** or **YMCA Hawker Centre**.



Free gentle exercise session

If you are just starting an exercise plan or recovering from illness or injury, you need to take things slowly.

KWYMCA offer a number of activities that will help get you moving, improve flexibility and mobility at a safe, comfortable pace. Classes are fun, friendly and it will not be long before you see and feel the results.

This voucher entitles you to one free session at either **YMCA Surbiton**, **YMCA Wimbledon** or the **YMCA Hawker Centre**.

Activities available are listed overleaf.



Pass expires 31st December 2008

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YMCA Surbiton

Gym'n'Tonic
Fit For Life
Gentle Exercise

YMCA Wimbledon

Gym'n'Tonic
Fit For Life
Gentle Exercise

YMCA Hawker Centre

Classic Fitness
Line Dancing
West End Jazz Dancing
Tap Dancing

Class timetables with class details are available from Centre Receptions or may be downloaded from www.kwymca.org.uk

Terms & Conditions

1. One voucher per person.
2. Voucher valid for one class.
3. Please speak to your G.P. before starting any exercise programme.
4. We reserve the right to refuse participation in a class.
5. Offer expires on **31st December 2008**.
6. Voucher has no cash value

Kingston & Wimbledon
YMCA

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A varied menu

Ordering lunch at a KWYMCA restaurant can mean many different things. To a busy Mum out shopping, it is an opportunity to chat with other mothers in a child friendly space with plenty of 'buggy parking'. To a single old age pensioner, it is a good value hot meal that would be too much fuss to cook for one. To a resident of the YMCA who may have been homeless a few days before, it is a nutritious meal that helps establish a routine, encourages them to feel part of the YMCA community and proof that someone cares about their wellbeing.

KWYMCA operate four restaurants and cafes:

The Re:treat

The River Terrace Café/Bar

Upstairs

The Sundeck Café

YMCA Surbiton

YMCA Hawker Centre

YMCA Wimbledon

Hampton Pool



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All have undergone significant change this year.

Paul Rogan (Catering Manager) carried out an in-depth review of all catering services. A new staffing structure was put in place with greater emphasis on working as a team and staff and supervisors were empowered to make operational decisions. Menus were redesigned to reflect customer need and purchasing consolidated to improve efficiency.

The changes have resulted in a large increase in use by the public and an 80% rise in conference bookings. A recent survey amongst KWYMCA residents asked them to rate various aspects of the catering service out of 10. Most categories received a score of 8 or 9.

More community groups than ever are using YMCA function facilities for meetings, training days and social events. Resident associations, church groups,

event organisers, RBK and not-for-profit organisations use the Centres because they offer good value, are convenient for public transport and by using our facilities they help support an effective local charity.

Altogether, 2007/8 has been a year of solid improvement and growth. As KWYMCA now manages Hampton Pool, the Sundeck Café joined the portfolio of YMCA restaurants. The café has been completely refurbished and serves breakfast, sandwiches, freshly made soup and ice cream to hungry swimmers and gym users.





Two for one lunch offer!

Visit a KWYMCA restaurant with a friend and enjoy **two** delicious hot or cold main courses for the price of **one**. Offer available on specified days up until **31st January 2009**. Choose from:

The Re:treat
YMCA Surbiton

Monday and Saturday

Upstairs,
YMCA Wimbledon

Monday and Friday

The River Terrace Café,
YMCA Hawker Centre

Monday to Friday (12 noon to 3pm)

The Sundeck Café,
Hampton Pool

Monday to Friday (12 noon to 2pm)

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Freshly prepared, hot and cold food, sandwiches, panini, salads, home made cake, tea and coffee. Children very welcome.

Terms & conditions overleaf...

Terms & Conditions

1. One voucher per person.
2. Offer applies to hot or cold main course only.
3. Dish of lower value is free.
4. Offer only available on specified days.
5. Offer expires on **31st January 2009**.
6. Voucher cannot be exchanged for cash.

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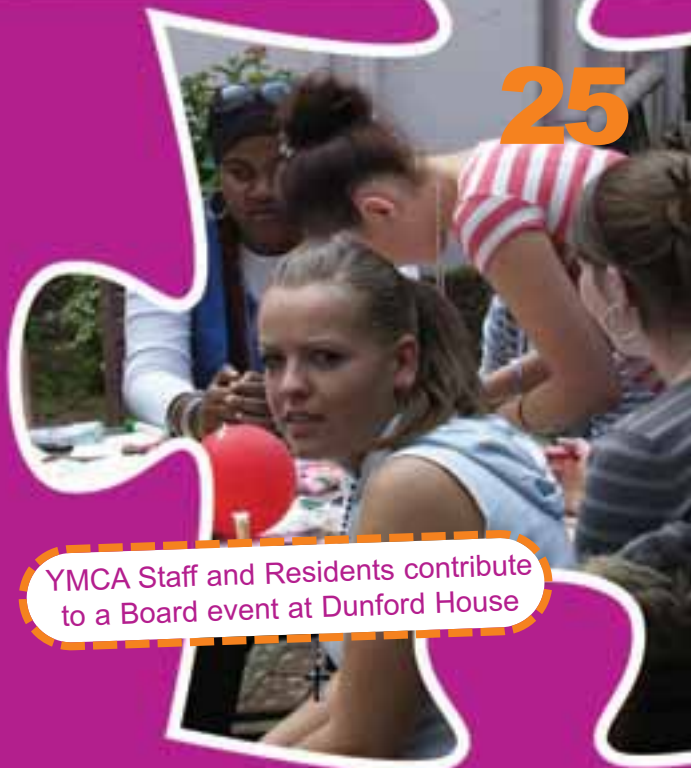
Be involved

I joined the KWYMCA Board in October 2007, having seen a notice for new board members in the Surbiton reception area on my way to the gym.

I'd recently moved to Surbiton and had been interested in doing some kind of voluntary activity that would involve the local community. In my former life before travel writing, I was an MBA graduate from Kingston University and had been a Business Manager for a barrister's chambers, so it seemed the perfect opportunity to combine community work with using my management skills.

We're a very mixed bunch on the Board and between us bring a whole range of skills to the table including accountancy and finance, HR, marketing, general management and youth work. I think this benefits both us as individuals, since we learn from each other, and the

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YMCA Staff and Residents contribute to a Board event at Dunford House

Association as a whole because there's this huge pool of experience to dip into and despite our different backgrounds, we all work together very effectively. Above all else, there's a real cohesive sense of wanting to respond to local needs and ensuring that the community benefits from KWYMCA's work.

A perfect example of this occurred not long after I joined, when the John Innes Centre opened in Wimbledon. The opening ceremony was a great testament to the hard work and commitment of both the staff team there and of the young people who took part, some of whom had been excluded from school or had learning difficulties. There was such a buzz about the place with plenty of singing, rapping and dancing - everyone involved must have gone home on such a high that night!

Since then, the Centre has continued to grow and more and more young people are enjoying its benefits.

When you see successes like that, it gives you a great sense of pride to be involved, even if only in a small way.

Sue Watt
KWYMCA Board Member

*If you would like to find out more about becoming a board member, please contact Debbie Camp on **020 8339 7333** or email **debbiecamp@kwymca.org.uk***

*Volunteers with a background in **Marketing/PR, Accountancy** and **Law** are particularly welcome. However, energy, enthusiasm and a willingness to engage with the work of the Association are most the most important qualifications!*



Working together

RBK Learning and Children's Service has been working in partnership with Kingston & Wimbledon YMCA for many years.

Our work has built year on year and we now work in partnership on three community sites and many other projects such as Junior Leaders and inclusion of disabled children into mainstream childcare. This partnership working has helped us to reach government targets for accessible childcare for working parents and to successfully respond to the Every Child Matters agenda.

The Junior Programme team are always ready to take on the many challenges that I bring to them on a regular basis and always treat the children in their care and their families with respect and warmth no



matter how difficult the circumstance may be.

The YMCA regularly work with us in the most disadvantaged areas of the borough making a huge difference to the families living in the Cambridge and Kingsnympton Estates. Operating play-schemes at King Athelstan and The Mount Primary schools, they have prevented families from becoming vulnerable and children from being at risk through the excellent services they provide at these schools. Without these playschemes the pressure on families living on these estates would have risen dramatically - especially during the long summer holidays, which would in turn, have a knock on effect on police intervention on the estates and children becoming at risk of harm or neglect.

We are working together to relaunch the Junior Leaders scheme and are hoping to have the course

recognised by an awarding body so that we can share it with other YMCAs and Local Authorities. We will be targeting the scheme at young people whose schools' feel would benefit from being part of an innovative programme.

The KWYMCA Junior Programme Staff team are an exceptional group of professionals who have children's welfare as their first priority at all times and have made a positive difference to many children's lives in Kingston.

Wendy Holland

Out of School Childcare Development Advisor
Early Years and Childcare Service
Learning and Children's Service



10% off children's day camp booking

KWYMCA operate popular day camps at YMCA Hawker Centre, Dinton Field and YMCA Wimbledon.

Activities are a well balanced mix of active, sporty, and creative fun, together with trips out to local attractions. Camps run during all school holidays and half term breaks.

This voucher entitles you to 10% off the cost of your day camp booking (excluding trip days), providing that all days are booked and paid for together. Please complete the form overleaf and hand in your voucher with your booking form.

Terms & conditions overleaf...



Summer Camp children enjoy a trip to Brighton

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Name of Parent/Carer:

Children's names:

- 1.
- 2.
- 3.

Terms & Conditions

1. One voucher per parent/carer.
2. Offer excludes trip days
3. Voucher may be used to book places for more than one child providing all children belong to the same family and bookings are made at the same time.
4. Camp places subject to availability
5. Offer expires on 31st June 2009.

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Free junior activity

How we feel about exercise as adults often depends on how we experienced it as children. Was P.E. something to look forward to - a welcome break from the classroom or did the thought of it fill us with dread?

Children should feel exercise is a fun and enjoyable activity whatever their ability. That way, they will continue with it through their teenage years, acquiring a habit that will help them become active, healthy adults.

KWYMCA Centres offer activities for children aged **6 months to 18 years**.

Try a session for free with this voucher. A list of available classes is overleaf

Voucher expires 31st January 2009

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YMCA Hawker Centre

Toddlers Funtime (under 5's)
Funky Monkeys (8-12 yrs)
Teen NRG
Karate (6-18 yrs)

YMCA Wimbledon

Ducks (under 5's)
Dance (over 5's)
Yoga Bugs (under 5's)
Aikido (5-12 yrs)

YMCA Surbiton

Toddlers Funtime
Junior Karate (under 16 yrs)
Yoga Bugs



Class timetables with class details are available from Centre Receptions or may be downloaded from www.kwymca.org.uk

Terms & Conditions

1. One voucher per person.
2. Voucher valid for one class and does not include courses.
3. We reserve the right to refuse participation in a class.
5. Offer expires on **31st January 2009**.
6. Voucher has no cash value

Kingston & Wimbledon YMCA is a registered charity

Kingston & Wimbledon
YMCA

Making a difference

For many people who come through the door of their local YMCA, it is simply another health and fitness club on the high street, but for others it can be a life-changing opportunity. As a new Board Member of Kingston and Wimbledon YMCA, I have come to appreciate even further this wider mission of the YMCA and the significant contribution it makes to our local community.

As a local resident with a young family, I want my children to grow up in a place where everyone, and especially young people, have the opportunity to make a positive contribution. My professional life working in social housing had already given me an understanding of the YMCA's role in providing housing for some of our most vulnerable, and sometimes difficult, young people. Nevertheless, since being a Board Member I have been surprised by the sheer volume and range of services the Association provides:



from support services, mentoring and training for homeless young people, to childcare, after-school clubs, working with excluded pupils, and specialist youth projects. Certainly KWYMCA can lay claim to being probably the largest charitable organisation providing public services and making a difference to where we live.

My responsibilities as a Board Member mean I have to ensure the organisation operates a good system of governance - not only meeting statutory and regulatory obligations but also having a clear strategy within defined financial limits. This task, however, is made

all the easier by the talented and dedicated senior management team we are blessed with at KWYMCA.

It is not all meetings and paperwork though. As a Board Member I also get to see services and projects in operation. One of KWYMCA's great achievements this year was the opening of the John Innes Centre in Wimbledon, where a disused youth centre has been brought back into use with state-of-the-art facilities and a range of innovative projects that serve a broad spectrum of needs. Seeing projects like this come to fruition really makes being a Board Member a rewarding experience.

Ian Cann

KWYMCA Board Member

*If you would like to find out more about becoming a board member, please contact Debbie Camp on **020 8339 7333** or email **debbiecamp@kwymca.org.uk***

Contact Us

Corporate Offices

St James House
St James Road
Surbiton
KT6 4QH

Interim Chief Executive

Stuart Leamy

Director of Human Resources

Neil Sherringham

Director of Youth Work

Jonathon Melville-Thomas

Director of Corporate Services

Debbie Camp

Interim Director of Finance

Apollo Sempa

General enquiries email
enquiries@kwymca.org.uk

Website

www.kwymca.org.uk

T: 020 8399 5427

F: 020 8390 9427

Format for staff email addresses:
fullname@kwymca.org.uk

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YMCA Parsons Green

David Ensor House
6 Parsons Green
London SW6 4TQ
Tel: **020 7736 4878**

Manager

Sharon Hardy del Risco

Royal Borough of Kingston

YMCA Hawker Centre

Lower Ham Road
Kingston KT2 5BH
Tel: **020 8296 9747**

Borough Director

Angela Garrett

Borough Programme Manager

Angus McGregor

Jnr Programme Manager

Emma Wiles

Cafe/Bar Manager

Michelle Edwards

YMCA Hawker Centre run in partnership with
the Royal Borough of Kingston upon Thames



YMCA Surbiton

49 Victoria Road
Surbiton KT6 4NG
Tel: **020 8390 0148**

Centre Director

Paul Coates

Restaurant, Conferences & Functions

Yann Troalen

Housing Manager

Shanti Herring

Jnr Programme Manager

Tracy Moulds

London Borough of Richmond

Hampton Pool

High Street
Hampton
TW12 2ST
Tel: **020 8255 1116**

General Manager

Simon Bailey

London Borough of Merton

YMCA Wimbledon

200 The Broadway
Wimbledon
SW19 1RY
Tel: 020 8542 9055

Borough Director

Andy Redfearn

Restaurant, Conferences & Functions

Imran Guilzade

Housing Manager

Ann Obayuwana

Borough Programme Manager

Gina King

Music Room at the John Innes Centre encourages young people to play, write and perform their own songs

John Innes Centre

Kingston Road
Wimbledon
SW19 1JN

Tel: 020 8542 0653



KWYMCA Centres & activities

Main locations	Activity														
	Supported Housing	General Housing	Health & Fitness	IFI Accreditation	Outdoor Sports	Swimming	Motivational Training	Senior Activities	Youth Projects	Junior Programme	Crèche	Childcare	Holiday Clubs	Restaurants/Cafes	Conference facilities
YMCA Surbiton	✓	✓	✓				✓	✓	✓	✓		✓	✓	✓	✓
YMCA Wimbledon	✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓
YMCA Hawker Centre			✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
YMCA Parsons Green		✓													
Hampton Pool			✓		✓	✓		✓		✓			✓	✓	
YMCA Dinton Field			✓		✓	✓							✓	✓	✓
YMCA John Innes Centre									✓	✓					
Rm1 @ Holyfield School									✓	✓					
Open Room Wimbledon									✓	✓					
Urban Nights Ewell Road									✓	✓					
HMP Latchmere House			✓												
St John Fisher												✓		✓	
Kingsnympton & The Mount													✓	✓	

The Big Picture

Puzzle pieces come in many shapes, sizes and colours. Chaplaincy work similarly takes on many differing aspects.


On one day I might spend some time sitting with a pensioner who needs some one to listen and to care, later be found in a meeting with local church leaders, then, with a group of residents who want to talk about spirituality. At other times you would find me with staff at one of our regular Centre prayer times, or attending an interfaith forum.

This year we have also taken part in Greenbelt (a Christian music and arts festival), the London Week of Peace and Sacred Space, an arts and spirituality exhibition. It has been good too, in recent months to see an increase in the number of volunteers supporting chaplaincy work each bringing their personal colours to the organisation.

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Join us for the **YMCA Week of Prayer 10th - 16th November**, see www.kwymca.org.uk for details



There is no doubt the YMCA picture is a busy one, with many facets, but at its heart like the contours of the pieces in the completed puzzle, is God who is holding everything we do at the YMCA together, with his love, compassion and grace.

Jacky Bone

Chaplain

Kingston & Wimbledon YMCA

jackybone@kwymca.org.uk

Tel: **020 8339 7320**

***Want a quiet space?** All are welcome to use our small chapels at both our YMCA Wimbledon and YMCA Surbiton Centres which are open to all for prayer or reflection.*

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Have a coffee or tea on us!

Call in to one of KWYMCA's four restaurants and enjoy a free tea or filter coffee.

Offer available at:

The Re:treat

YMCA Surbiton

Upstairs

YMCA Wimbledon

The River Terrace Café

YMCA Hawker Centre

The Sundeck Café

Hampton Pool

Terms & conditions overleaf...

Voucher expires 31st Dec 2008



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Terms & Conditions

1. One complimentary tea or filter coffee per person.
2. Offer excludes speciality coffees.
3. Excludes Christmas Day and Boxing Day at Hampton Pool
4. Voucher expires **31st December 2008**.
5. Voucher cannot be exchanged for cash.

Kingston & Wimbledon YMCA is a registered charity



John Innes Youth Centre

Transformed from a dilapidated youth centre into a modern, up-to-date youth facility, the John Innes Centre reopened in September 2007.

Owned by the John Innes Trust, the Centre is located near the centre of Wimbledon in the London Borough of Merton. In 2006, the council put it out to tender. Kingston & Wimbledon YMCA were awarded the lease as, in the words of the council, we offered the most "innovative, exciting and viable use of the building".

KWYMCA intend the JIYC to become the hub for services targeting young people (11-18 year olds) in Merton, with the aim of increasing participation in informal and formal education, entertainment and social activities.

The premises are being used by four core user groups that are either YMCA initiatives or groups that work closely with us:

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Squad - a local charity serving young people with learning disabilities.

MeMu - a local, young people led, music co-operative.

Skills Academy - a joint initiative between KWYMCA and YMCA Training which offers alternative education for young people excluded or at risk of being excluded from school.

Music Room - a youth club run by KWYMCA using music to engage with hard to reach young people.

We supported the young people from SQUAD, MeMu and Skills Academy to apply for funding and having made a joint presentation to the Youth Opportunities Fund they were awarded £90k to make the building usable. It had fallen into a poor state of repair and was closed on health and safety grounds.

With further funds from the Learning and Skills Council and the City Bridge Trust, we were able to equip the Centre and make it fully accessible by installing a lift to the first floor. Merton Council and KWYMCA have also contributed financially and in kind to this whole refurbishment programme.

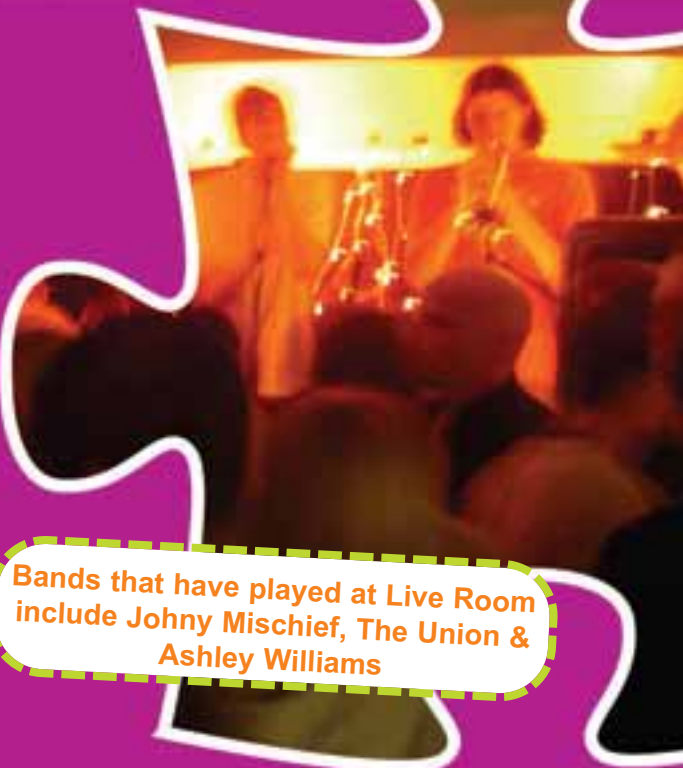
A year on, our dream has come to fruition - a thriving purpose built youth centre for young people in the heart of Wimbledon.

Live Room

Live Room has evolved over the last few months from Music Room, a youth project based at the John Innes Centre. Music Room encourages young people between the ages of 11 and 17 to learn to play an instrument, write their own songs and generally build confidence through making music.

Many of these young musicians have gone on to form bands and want to perform, but suitable venues are few and far between. Live Room at John Innes provides a simple, safe, alcohol free space that allows new young bands to hold their first gigs. Friends and family can come along and enjoy three or four different bands for under £4.

The Live Room project has grown rapidly and the gigs have become real community events supported by



Bands that have played at Live Room include Johny Mischief, The Union & Ashley Williams

creative people from the local area and from local churches. Many more established bands are lending their support, such as Black Lantern who now use the John Innes Centre as a rehearsal space.

Adam Wedd, Youth Worker, who runs Music Room is really pleased with how the project is developing:

“Eventually, we want to hold a Live Room event every Friday and incorporate other community groups. We have a fantastic facility here at John Innes Centre and its been great that we have helped lots of young people form bands and begin their musical journey”.

If you would like to find out more about **Live Room**, please email Adam at awedd@kwymca.org.uk

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Legal Information

Charity Number 1041923
Company Number 2971930
Housing Corporation Number LH4078
Group VAT Number 674115343

Registered Office

49 Victoria Road
Surbiton
Surrey KT6 4NG

Professional Advisers

Principal Bankers

Lloyds TSB
Corporate Markets
Public & Community Sector
25 Gresham Street
London, EC2V 7AN

Principal Solicitors

Bates, Wells &
Braithwaite
2 - 6 Cannon Street
London
EC4M 6YH



Professional Advisors

Auditors

PKF
Farringdon Place
20 Farringdon Road
London EC1M 3AP

Investment Managers

Gerrard
1 Churchill Place
London
E14 5HP

Patrons

Matt Bird
Gerald Coates
Ed Davey M.P.
Roger Draper
Stephen Hammond M.P.
Roger Taylor MBE

President

The Right Reverend Dr Richard Cheetham,
Bishop of Kingston

Vice Presidents

Leslie Feast
Peter Giles
John Holmes
The Very Reverend John H Tidy

Board of Management @ 1st September 2008

Chair

John Holland BA, Dip TP
Town Planning Consultant

Vice Chairs

Ruth Fogg MSc, CertED
Youth Work Consultant

Timothy Waldron LLB (Hons)
PgDipLP, PgDipDevMan
Solicitor



Honorary Treasurer

Helen Jones J.P., BSc, Dip Econ
Director of Risk, HBOS

Martin Li MS MSI ACA FRGS
Independent Business Adviser

Javier Boza BSc, MBA, MSc
International Business Development Director

Caroline Chalke MBA
Early Years Development Manager

Vimal M Perera BSc FCIMA
Administrative Accountant/Financial Manager

Reverend David Monteith BTh MA
Parish Priest

Alison Worthington
Administrator, CIPD



**Dad's n Lad's n Lasses
at YMCA Wimbledon on
Saturday mornings**

Sian Long BSc (Hons)
Operations & Logistics

Sue Watts
BA, MBA, CPE
Translator & Travel Writer

Ian Cann
BA (Hons), DMS
Neighbourhood Manager

Company Secretary
Reverend Stuart Leamy MA FCA

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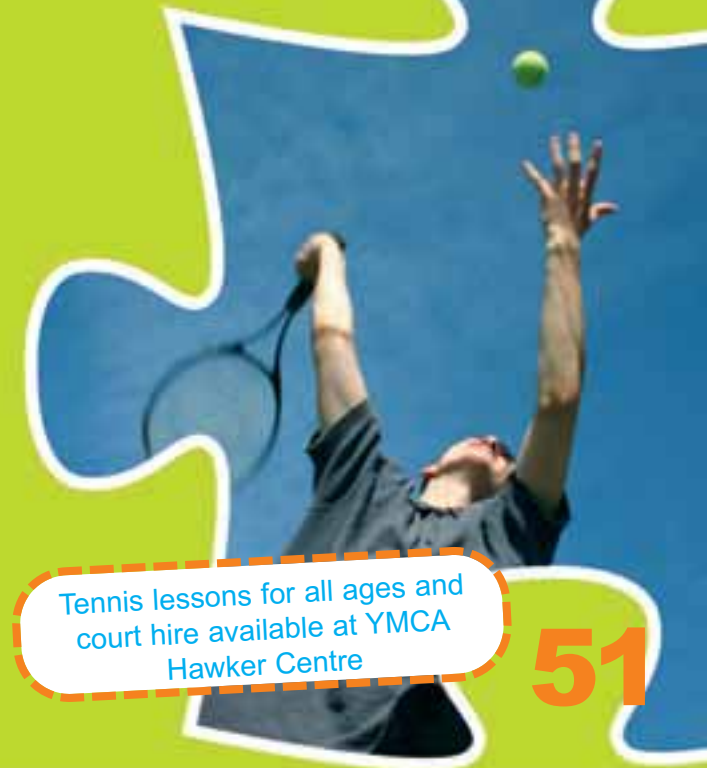


Lessons from tennis

I didn't start playing tennis until I was 12 years old, but I instantly fell in love with the sport. Apart from the satisfaction of powering tennis balls across the court and the individual nature of the game, it was the wonderful scoring system that reeled me in. With no team mates to blame when things go wrong, you are motivated to improve your performance and the lack of a fixed playing time means no matter how badly the match is going, there is always a way back and never a reason to give up hope of winning.

I was lucky enough to find a fantastic venue for coaching. YMCA Hawker Centre is nicely situated by the river and has a very friendly atmosphere, which makes for a great environment to teach and be taught.

Adults can get a lot from learning to play tennis. The social



Tennis lessons for all ages and court hire available at YMCA Hawker Centre

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nature of the sport means it's easy to make new friends and to arrange a game of singles or doubles without too much effort. Hawker Centre has a large number of active players too, so there is a definite sense of being a part of something. Children can also benefit in the same way and with a large emphasis on having fun in lessons, they enjoy themselves whilst learning.

Keeping active is very important for children and playing tennis is a great way to do that. The highs and lows of competing also allow a child's personality to develop and can teach them valuable lessons about life in general.

Nick Wheatley

Tennis Coach, YMCA Hawker Centre

*As well as facilities for tennis, YMCA Hawker Centre has pitches for football, basket ball practice and a bowling green. For pitch hire information, please call **020 8296 9747** or email **info.hawker@kwymca.org.uk***



Two months free Health & Fitness membership...

...when you choose the annual payment option.
Pay for twelve months and receive fourteen!

Offer available at:

YMCA Wimbledon

YMCA Surbiton

YMCA Hawker Centre

Hampton Pool

Terms & conditions overleaf...

Offer expires 31st December 2008

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Terms & Conditions

1. Months thirteen and fourteen are free months.
 2. Offer not available on pay monthly option or renewals.
 3. Normal KWYMCA membership terms and conditions apply
 4. Offer expires on 31st December 2008.
 5. Voucher cannot be exchanged for cash.
- Kingston & Wimbledon YMCA is a registered charity

Office use:

Name:

Centre:

Date of joining



Why volunteer?

Jitka came to the UK from the Czech Republic four years ago. Keen to further her bookkeeping career, she found it difficult to find a job without transferable qualifications or work experience in the UK.

So, Jitka joined KWYMCA as a volunteer accounts assistant for one day a week. Eventually, a part-time post became available and she joined the finance team as a paid member of staff.

Jitka now has a period of solid work experience to add to her C.V., her spoken English has improved greatly and she has been able to send some of her salary home to support her family. KWYMCA have benefited from her period as a volunteer and have gained a hardworking and motivated employee.



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KWYMCA is a large organisation working across many different fields - **Supported Housing, Health & Fitness, Childcare, Youth Work, Senior Programme** and **Catering**. There are many opportunities for enthusiastic volunteers!

People volunteer with KWYMCA for many reasons:

- To gain work experience
- To learn new skills
- To make new friends and feel 'part of something'.
- To 'give something back' to their local community.
- To gain practical experience while completing a college course
- To make a difference

If you would like to find out more about volunteering with KWYMCA, please contact **020 8399 5427** or email **enquiries@kwymca.org.uk**

Please note, all volunteers are CRB checked.

Make a donation

If you would like to contribute to the work we do for people in the local community please complete the form overleaf and send it with your gift to:

Andrew Bates
Fundraising Manager
Kingston & Wimbledon YMCA
49 Victoria Road
Surbiton
Surrey
KT6 4NG



Help young people build
a future

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I would like to make a Gift of £ _____ to the charitable work of KWYMCA. Registered Charity No. 1041923 *(Please make cheques payable to Kingston & Wimbledon YMCA)*

Title: _____ First Name: _____ Surname _____

Home Address: _____

Post Code: _____ Tel No: _____ E-Mail: _____
(if you would like to receive our E-Newsletter)

To enable us to claim gift aid on your donation, we need your home address and post code please.

Please tick as appropriate

- I would like KWYMCA to treat this donation and any future gifts as gift aid donations. I confirm that I pay UK income tax or capital gains tax at least equal to the tax that KWYMCA will reclaim on my donation.
- I would like to find out about volunteering with KWYMCA.
- Please send me information about leaving a gift to KWYMCA in my Will.
- Please contact me with information about how my church, club or organisation can support KWYMCA (We can arrange for a speaker to visit and give a talk).
- I would prefer not to receive updates on KWYMCA's work in the local community.

KWYMCA will process your data in relation to our charitable purposes. We will not pass on your personal details to any other organisations

Thank You!

Kingston & Wimbledon YMCA gratefully acknowledges the support of the following organisations this financial year.

BBC Children in Need

Bolistrom Limited

Domestic & General Group

Holy Trinity Church, South Wimbledon

The Inclusive Fitness Initiative (IFI)

John Lewis Kingston

Kairos Church

Merton Council

Metropolitan Police Authority

**The Royal Borough of Kingston upon Thames
The Wimbledon Guild**

...and all individual donors

If you would like to contribute to our work and help local young people build a future, please complete the Gift Aid form, contact our Fundraising Manager **Andrew Bates** on **020 8339 7323** or email **andrewbates@kwymca.org.uk**



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www.kwymca.org.uk

KWYMCA is a registered charity